

# DIG Prayer Plan

The DIG Prayer Plan has three practical steps that you can use to build a consistent prayer time each day. Start by spending 5-10 minutes for each step.

## **D = Demonstrate Your Love**

First, take time to express your love for God through worship. Sing along to a worship song, read a psalm from the Bible or spend time thanking God for all He has done for you. Whatever way you choose, use your words and your body posture to worship God and it will stir your spirit.

## **I = Intercession & Requests**

After worship, pray for the needs of life. Jesus taught us to pray, "Your Kingdom come, your will be done, on earth as it is in heaven." God partners with His children, asking us to pray His will on the earth. Use the diagram below to create a prayer list. As you pray you'll begin broad and end narrow. Use the space to write your prayer points.

The world, the nations, the lost, & the poor	
The global church & the local church	
My family, friends, neighbors & colleagues	
My needs & desires	



## **G = Godly Confession**

This third portion of your prayer time includes two types of confession. First, confession of any known sin. As you confess sin, freely receive the forgiveness found in Jesus Christ.

Next, confess promises found in the Bible. To do this, take a verse from Scripture and turn it into a confession of truth. Praying these aloud has a profound impact on your soul and will change the atmosphere around.

Here are eight confessions taken from the One Topic verses found on Tuesday and Thursday in the SOW Bible reading plan.

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|------------------------|---|
| <b>John 3:16</b>       | I am so loved by God that He sent His Son Jesus to give me eternal life.                |
| <b>Psalms 27:1</b>     | I do not live in fear because the Lord is my light and my salvation.                    |
| <b>Titus 3:4-5</b>     | I am saved not because of my good deeds but because of God's love and mercy towards me. |
| <b>Acts 16:30-31</b>   | I believe in the Lord Jesus Christ and I am saved.                                      |
| <b>John 1:12</b>       | I believe in Jesus and am now a child of God.   |
| <b>Romans 10:10-11</b> | I believe with my heart and confess with my mouth that Jesus is Lord.                   |
| <b>1 Peter 1:8-9</b>   | I love and believe in Jesus, therefore, my heart is filled with joy.                    |
| <b>Psalms 62:1-2</b>   | I am secure because God alone is my rock and my salvation.                              |

